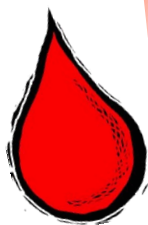
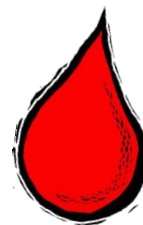


# Red Cross- Youth



## Blood Drive



Lebanon Youth Corps had a record breaking blood drive on December 23, 2009 at Hardees.

For the first time in Lebanon the blood mobile ran out of supplies!

Youth members made over 200 phone calls to past donors to remind them of our blood drive. It paid off

big time! Blood Donors waited inside Hardees for their turn to give blood. The trailer was full of donors from the time we started. We even had to turn some away because they ran out of supplies. Our drive collected 30 units and can save 90 lives. Thanks to all the youth members and to all who gave the gift of life!

### Dates to Attend

#### January

23-HAM Radio Class 9am-4pm

23- Youth Corps Meeting 4-6pm

#### February

4- Intro to Disaster 6pm



# Are you Ready for a Disaster?



## Step 1: Talk About Emergencies

- Talk about the different kinds of weather that can happen where you live. For example, do you have floods, tornadoes, hurricanes, or ice storms?
- Help children feel safe. Tell them that someone will be there to help in an emergency. Talk about people you can count on in an emergency such as firefighters, police, teachers, neighbors and disaster workers.
- Put a list of emergency numbers by each telephone in your home. Tell your children what each number is for. You should also list the work and cell phone number for each person in your family or in your home.

## Step 2: Make a Ready-to-Stay Kit

- Three gallons of water for each family member
- Canned food and snacks for at least three days
- Toilet paper

- Non-scented bleach to treat un-safe water
- Blankets
- Books and games to keep you busy
- Paper and pencils
- First aid kit

## Step 3: Make a Ready –to-go Kit

- One gallon of water for each person
- Food that you don't have to keep cold and a manual can opener
- Plastic or paper plates, cups, and utensils
- Flashlight and extra batteries
- A change of clothes
- A card with emergency contact information and the number of someone to call who lives out of town
- Small first aid kit
- Personal identification card
- Personal hygiene items, soap, and hand sanitizer
- Store medicine you usually take near your kit

## Step 4: Write Down the Information You will Need

You should include:

- Your name
- Your Address
- Out of town Contact & Phone
- Health Conditions
- Medications & Dosages
- Family Doctor Name & Phone
- Parent/Caregiver Name
- Relationship
- Home/work/cell Phone
- Email
- Other family member's contact information
- Police/Fire/EMS: 911 or another number

